



**Faith Presbyterian Offering GriefShare Running through March  
from 3 – 5pm in the Iona Room.**

GriefShare is a program that features biblical, Christ-centered teaching that focuses on grief topics associated with the death of a loved one. The DVD seminar features nationally respected grief experts and real-life stories of people, followed by a small group discussion about what was viewed. Past participants have related how helpful the information and follow up discussions were to them.

Many grieving people find they are only beginning the work of healing when friends or family have returned to their daily life routines. Too often people, including Christians, tend to stuff their grief instead of allowing it to do the God-given work for which it is intended. Don't allow fear of what others may think to keep you from what could help you.

Confidentiality is very much a part of this program. Your bereavement experience may be recent or not so recent. You will find encouragement, comfort and help in grieving the death of a spouse, child, parent, sibling, other family member, or friend. No matter what the cause of your loved one's death, this is an opportunity to be around people who understand what you are feeling. You will learn how to recognize the symptoms of being stuck in grief and that you do not need to live in bondage to certain emotions.

You will learn valuable information about facing your new normal in life and renewing your hope for the future.

**GriefShare will be held on Sundays from 3-5pm and is open to anyone  
from the community.**

Cost: \$15.00 Workbook (Will be used during sessions and provides daily resources).

Any questions call or email Pastor Mike [mcampbell@scfaith.org](mailto:mcampbell@scfaith.org) or Cathie Bamber [cbamber@scfaith.org](mailto:cbamber@scfaith.org) To register, call or email Corrie at the church [ccollins@scfaith.org](mailto:ccollins@scfaith.org) as soon as possible. Thank you.